

CENTRAL SHENANDOAH HEALTH DISTRICT

Weekly COVID-19 Update

April 19, 2021



WHAT'S NEW THIS WEEK

COVID-19 Vaccine Information

Schedule Your Vaccine Appointment TODAY: All Virginians ages 16+ are now eligible for the COVID-19 vaccine. Here is how you can get the vaccine in the Central Shenandoah Health District (CSHD):

Visit vaccineappointments.virginia.gov to make an appointment for a CSHD clinic. You can find clinics in our health district by using your zip code to search for appointments. CSHD will no longer be posting available clinics on our website.

[Click here to visit
vaccineappointments.virginia.gov](https://vaccineappointments.virginia.gov)

Visit vaccinefinder.org and use your zip code to find appointments at local pharmacies and healthcare providers.

[Click here to visit vaccinefinder.org](https://vaccinefinder.org)

Visit vaccinate.augustahealth.com to make an appointment at Augusta Health. These appointments are available to those ages 16+ who live, work, or go to school in the Central Shenandoah Health District.

[Click here to visit vaccinate.augustahealth.com](https://vaccinate.augustahealth.com)

If you are having problem making an online appointment, please call your local health department. Please help us reserve the phone lines for those with limited internet access and/or low computer literacy.

CSHD will continue to invite to clinics - via email and phone - those pre-registered individuals who are eligible for the vaccine in Phase 1a, 1b, and 1c and anyone eligible in Phase 2 who pre-registered before April 18th.

Community members eligible for the COVID-19 vaccine in Phase 1a, 1b, and 1c are encouraged to continue to pre-register for a COVID-19 vaccine at vaccinate.virginia.gov.

CSHD will also start accepting walk-in appointments at public COVID-19 vaccine clinics. Appointments for CSHD vaccine clinics are still preferred. The only way to guarantee that community members will get a COVID-19 vaccine at CSHD clinics is to register for an appointment prior to arrival. Walk-in appointment availability is dependent on vaccine supply at clinics.

We have available appointments at two clinics this week:

- Tuesday, April 20th from 8:00am-12:00 at Peebles/College Square in Lexington
 - Visit this link to make an appointment: https://vaccineappointments.virginia.gov/client/registration?clinic_id=2391
- Friday, April 23rd from 8:00am-12:00pm at the JMU Convocation Center
 - Visit this link to make an appointment: https://vaccineappointments.virginia.gov/client/registration?clinic_id=2870

Second Dose Appointments: There are a three ways to schedule your second dose appointment:

- At your 1st dose clinic, there will be a QR code for your to scan with your smartphone and schedule your 2nd dose appointment.
- If you don't schedule your 2nd dose appointment at your 1st dose clinic, you will receive an email with registration information.
- If you don't have email or are unable to schedule online, you will receive a phone call from our health

department staff and they will help schedule you for your 2nd dose appointment.

If you are unable to make your corresponding second dose appointment, please visit our [website](#). There are also more second dose vaccine appointments available at vaccineappointments.virginia.gov. CSHD will post second dose appointments for the following week every Friday below. These appointments are only for those who received their first dose at a CSHD clinic. Spots are limited. Please continue to check back for more clinics.

Johnson & Johnson: Virginia paused the administration of the Johnson & Johnson vaccine on April 13th. More than 6.8 million people in the United States have received J&J vaccines and six recipients are known to have developed a type of blood clot called cerebral venous sinus thrombosis (CVST) in combination with low levels of blood platelets (thrombocytopenia).

All six cases occurred among women between the ages of 18 and 48, and symptoms occurred 6 to 13 days after vaccination. Treatment of this specific type of blood clot is different from the treatment that might typically be administered. Usually, an anticoagulant drug called heparin is used to treat blood clots. In this setting, administration of heparin may be dangerous, and alternative treatments need to be given.

Pausing the distribution of the Johnson & Johnson vaccine will allow the federal government to gather and assess the data. It will also allow healthcare providers to review the symptoms and recommended treatment of these blood clots.

Prevention Reminders

Let's work together to stop the COVID-19 variants from spreading! We need to continue to take preventative measures, even if you are fully vaccinated.

- Wear a mask over your nose and mouth
- Stay at least 6ft away from others
- Avoid crowded areas
- Sign up for your free COVID-19 vaccine
- Follow the [CDC guidance for fully vaccinated individuals](#)*



*You are considered to be fully vaccinated 2 weeks after your second dose in a 2 dose series (Moderna and Pfizer) and 2 weeks after received a single dose vaccine (Johnson & Johnson).

District COVID-19 Activity

Cases have been increasing in our region (Northwest) for the last 37 days and cases are considered to be increasing. It is important to take preventative measures like avoiding crowded areas, wearing a mask, and washing your hands. You can explore individual locality metrics [here](#). To learn more about the VDH Pandemic Metrics, click [here](#).

Unsubscribe from Our Emails

If you no longer want to receive email updates from us, you can unsubscribe from our mailing list by clicking "Unsubscribe" at the bottom of any of our newsletters. If you have been vaccinated, you can now update your pre-registration profile to indicate your vaccination status. We encourage everyone in our health district to update your profile by visiting vaccinate.virginia.gov or by calling 1-877-829-4682.

COVID-19 EDUCATION EVENTS

Futuro Latino and CSHD Facebook Live

Join our health educators for a Spanish language COVID-19 vaccine information session on Friday, April 23 at 7:00pm. The session will focus on the how the COVID-19 vaccine process is going. It will be streamed live on the [Futuro Latino Coalition's Facebook page](#).

Host a COVID-19 Vaccine Information Session

Want to learn more about the difference vaccines? How to pre-register? Host a COVID-19 vaccine information session! If your organization would like more information about the COVID-19 vaccine you can schedule an information session with our health education team. Sign up for a session [here](#).

Harrisonburg Virtual Town Halls

CSHD is partnering with the City of Harrisonburg to offer four Virtual Town Hall Events. These events will feature medical and public health experts who will answer your questions about the COVID-19 vaccine. These events will be streamed live on [YouTube](#). You can submit your question in advance by calling 540-217-5263.

We are working on hosting similar events in other localities in our district.






Participa en las Próximas Sesiones Informativas Sobre las Vacunas Contra el COVID-19

Fecha	Horario	Tema
Marzo 26	7:00 pm	Diferencias Entre las Vacunas Contra el COVID-19
Abril 9	7:00 pm	Mitos y Realidades sobre la Vacuna Contra el COVID-19
Abril 23	7:00 pm	Vacuna COVID-19 ¿Cómo vamos?



 Transmisiones en vivo. Síguenos en las Redes para más información

Virtual Town Hall Event

City of Harrisonburg





Your questions about the COVID-19 vaccine, answered by medical and public health experts.

Dates:


- Wed., April 14 | 7:00 pm (In Spanish)
- Sat., April 17 | 10:00 am (In Spanish)
- Wed., April 21 | 7:00 pm
- Sat., April 24 | 10:00 am

How To Watch:
 Streaming Live on YouTube:
<https://tinyurl.com/HburgVids>

Got a question? Call (540) 217-5263 to submit your questions


COVID-19 VACCINE DATA



LAST WEEK WE ADMINISTERED

10,320

COVID-19 VACCINES



Last week the Central Shenandoah Health District administered 10,320 vaccines. This number includes first and second doses. We will include this number in our weekly newsletter and post in on Facebook every Monday.

This number only reflects COVID-19 vaccinations given by the Central Shenandoah Health District and are not a reflection of total COVID-19 vaccines given within the health district. They are approximate as of date received. For total COVID-19 vaccine distribution numbers, please visit the [VDH COVID-19 Vaccine Dashboard](#).

COVID-19 DATA BREAKDOWN

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found [here](#).

	New Cases, 7-Day Avg	Total Cases	Total Hospitalizations	Total Deaths
Augusta	8	5,633	161	69
Staunton City	4	2,477	82	68
Waynesboro City	4	2,313	72	36
Rockbridge	2	1,480	45	46
Lexington City	0	1,159	22	33
Buena Vista City	1	876	20	19
Rockingham	15	6,562	373	104
Harrisonburg City	11	6,370	182	94
Bath	1	263	7	10
Highland	0	108	1	1
Totals	45	27,241	965	480
<i>*As of 10:00am on 4/19</i>				

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here!

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FOR MORE INFORMATION ABOUT COVID-19, VISIT:

<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>

